



Suggested Reading for Widows

There are several resources you can use in locating these titles: your local library (and inter-library loan system), your church library, bookstores, your bereavement minister's personal library, local support groups' lending libraries, hospices, and funeral homes.

Remember, if a book doesn't seem to make sense right now, try reading it again later.

After the Flowers: Life Beyond Widowhood. A. Daniels. Fithian, 1996.

All Alone: Surviving the Loss of Your Spouse. K. Buntin. Desert, 1995.

Being a Widow. L. Caine. Viking Penguin, 1990.

But I Never Thought He'd Die: Practical Help for Widows. M. Nye. Westminster John Knox, 1978.

Companion Through the Darkness: Inner Dialogues on Grief. S. Ericsson. HarperSan Francisco, 1993.

Coping with Life after Your Mate Dies. D. Cushenberry and R.C. Cushenberry. Baker, 1997.

Coping with Separation and Loss as a Young Adult. L. LaGrand. Charles C. Thomas, Publisher, 1989.

DAWN - Divorced and Widowed Women's News Founder: Sharon Grinage.

Dear Lord, I Can't Do It All. B. Reed. Concordia, 1991.

Does Anybody Else Hurt This Bad and Live? C. Eneroth. Otis, 1991.

Doors Close, Doors Open: Widows Grieving & Growing. M. Lieberman. Putnam, 1996.

Fran & Jesus on the Job. M. Whekchel. Tyndale, 1993.

I'm Grieving As Fast As I Can: How Young Widows & Widowers Can Cope & Heal. L. Feinberg. New Horizon, 1994.

Instantly a Widow. R. Sissom. Discovery House, 1990.

The Lessons of Love: Rediscovering our Passion for Life When it all seems too hard to take. M. Beattie. Walker & Company, 1995.

Letter To My Husband: Notes About Mourning and Recovery. J. Truman. Viking Penguin, 1987.

Letters To My Husband. F. Brooks. Hall-Sloane, 1993.

Living Alone. H. Anderson and F. Gardner. Westminster John Knox Press, 1997.

Being a Widow. L. Caine. Viking Penguin, 1990.

Living Through Personal Crisis. A. K. Stearns. Thomas More, 1984.

Living With An Empty Chair. R. Temes. New Horizon, 1992.

More Power to You! The Personal Protection Handbook for Women. S. Koumanelis. Round Lake, 1993.

The Nevertheless Principle. M. West. Chosen Books, 1986.

Older Bereaved Spouses. D. Lund. Hemisphere Publishing, 1989.

Parents Without Partners Sourcebook. S. L. Atlas.

A Practical Guide to Prepare for & Survive Widowhood. R. Carpenter. Carpenter Ventures.

Rest Stops for Single Mothers: Devotions to Encourage You on Your Journey. S. Osborne and L. Moses. Broadman, 1995.

Starting Over: Help for Young Widows and Widowers. A. R. Nudel. Dodd, Mead, 1986.

Suddenly Alone. P. Gates. HarperCollins, 1990.

Suddenly Single! A Lifeline for Anyone Who Has Lost a Love. H. J. Larson and S. Larson. Halo Books, 1993.

Suddenly Single Mom: A Practical Guide to Self-Sufficient Survival. T. Terry. TJ Terry, 1996.

Survival Handbook for Widows (and for relatives and friends who want to understand). R. J. Loewinsohn. Scott, Foresman and Company and the American Association of Retired Persons, 1984.

The Suddenly Single Mother's Survival Guide. L. Kite. Mills Sanderson, 1991.

Turning Your World Right Side Up. J. Smoke. Focus on the Family, 1995.

When Your Spouse Dies. C. Curry. Ave Maria Press, 1990.

Widow. L. Caine. Bantam, 1974.

The Widows' Guide to Life. I. Fisher and B. Lane. Prentice-Hall, 1981.

The Widow's Handbook: A Guide for Living. C. Foehner and C. Cozart. Fulcrum, 1988.